

## WADC 2025

### Program Learn to Swim



### Friday 10th January

08.30-10.00	Registration and coffee
10.00-10.15	Welcome and introduction
10.15-10.35	<b>Milton Nelms</b> <i>Introduction to WADC</i>
10.40-11.30	<b>Dean Barker</b> <i>Metaphors of movement learning: How we think we learn to move</i>
11.45-12.30	<b>Greg Louganis</b> <i>Coaching from Inside out</i>
12.45-13.45	Lunch
13.45-14.30	<b>Torill Hindmarch</b> <i>Understanding Children's Play?</i> <i>Is there room for this in beginner swimming?</i>
14.30-14.45	Break
14.45-15.30	<b>Mike Tipton</b> <i>Where should I learn to swim?</i>
15.30-16.00	Coffee Break
16.00- 16.45	<b>Milton Nelms</b> <i>The "Creating" Paradigm and the "Elimination" Paradigm</i>
16.45-17.00	Break
17.00-17.45	<b>Dean Barker</b>  Workshop
18.00-19.00	Social activity
19.00	Dinner (need to be pre-booked)

Changes may occur

## Saturday 11<sup>th</sup> January

08.30-09.30	<b>Abstract Presentation</b>		
	<b>Ruth Smith</b> <i>Observe. Interpret. Respond</i>	<b>Katarina Schenker, Tina Van Dujin</b>	
		<b>Ray Lau</b>	
09.30-09.45	<b>Break</b>		
09.45-10.30	<b>Mike Tipton</b> <i>The history of "float to live".</i>		
10.30-11.00	<b>Coffee break</b>		
11.00-11.45	<b>Bruce Hopkins</b> <i>Float to Survive</i>		
11.45-12.00	<b>Break</b>		
12.00 – 13.00	<b>Torill Hindmarch</b> <i>Workshop</i>		
13.00-14.00	<b>Lunch</b>		
14.00-14.45	<b>Bruce Hopkins</b> <i>Stories of rescues at Bondi beach - Why Float to Survive was needed</i>		
14.45-15.00	<b>Break</b>		
15.00-15.30	<b>Abstract presentation</b>		
15.30-16.00	<b>Coffee break</b>		
16.00-16.50	<b>Abstract Presentation</b>		
	<b>Kian Vanleuten</b>		<b>Ray Lau</b>
	<b>Kian Vanleuten</b>		<b>Tia Sofie Majvig Mogensen</b>
16.50-17.00	<b>break</b>		
17.00-17.45	<b>Q &amp; A</b> <b>Greg Louganis</b>		
19.30	<b>Banquette (need to be prebooked)</b>		

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## Sunday 12<sup>th</sup> January

08.30-09.15	<b>Paul Joachim Bloch Thorsen</b> <i>ADHD in Sports – Challenges and Opportunities</i>
09.15-09.30	<b>Break</b>
09.30-10.15	<b>Torill Hindmarch</b> <i>Water Competence and the Nordic shore line – with focus on outdoor bathing for preschoolers and school children.</i>
10.15-10.30	<b>Coffee break</b>
10.30-11.15	<b>Bruce Hopkins</b> <i>Programming and Teaching Floate to survive</i>
11.15-11.30	<b>Break</b>
11.30-12.15	<b>Milton Nelms</b> <i>Float to Survive, Float to Thrive</i>
12.15-13.15	<b>Lunch</b>
13.15-14.00	<b>Mike Tipton</b> <i>Cold water immersion: kill or cure?</i>
13.45-14.00	<b>Break</b>
14.10-15.00	<b>Summary and Goodbye</b>
15.00-	<b>Coffee to Go – “Fika” to Go”</b>

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